



SPRING MASTERS CHAMPIONSHIPS

Royal Commonwealth Pool

Dalkeith Road

Edinburgh

EH16 5BB

SAT 13th and SUN 14th April 2019

Well it's so nice to be back in Edinburgh. Last time we were here was 2015.

I am delighted to welcome everyone for our Spring Masters Competition 2019 especially our friends from Europe. I am sure we will have a great event.

The programme is extremely tight with approximately 80 divers so can I please ask divers to be ready to dive and officials ready to judge at the time they are due. Divers need to be ready to go before the dive is announced.

Within the Centre are a number of vending machines as well as a cafe selling drinks and snacks.

As we are away from the City can I ask divers with vehicles to offer lifts where needed to anyone who does not have transport.

To ensure a safe diving environment we need to maintain that only suitably qualified coaches are on poolside coaching divers during training and competitions. Should there be a need to evacuate the building please co-operate with the pool staff as quickly as possible.

Many thanks to the Staff at the Royal Commonwealth Pool for allowing us the use of their facilities.

Finally, thanks especially Nina for all her hard work prior to the competition and during. Also thanks to anyone who assists in the running of the competition.

Hope you all have a good time and good luck in your diving.

Jan Isherwood

Masters Director



FRIDAY

Open Training: 17.00 – 19.00

SATURDAY

Open Training: 08.00 – 8.45

Technical Meeting: 8.45

9.00	Event 1	Men 1m	16 – 29
		Men 1m	30 – 39
	Event 2	Ladies 3m	16 – 29
		Ladies 3m	30 - 39
	Event 3	Novice Men 1m	16 – 29
		Novice Men 1m	30 – 49
		Novice Men 1m	50 – 69
	Event 4	Novice Ladies 3m	16 – 29
		Novice Ladies 3m	30 – 49
		Novice Ladies 3m	50 – 69
	Event 5	Men 1m	50 – 59
		Men 1m	60 – 69
		Men 1m	70 – 79

Lunch approx. 1.30

2.00	Event 6	Ladies 3m	40 – 49
		Ladies 3m	50 – 59
		Ladies 3m	60 – 69
	Event 7	Men 1m	40 – 49

PLATFORM

	Event 8	Men Platform	50 – 59
		Men Platform	60 – 69
		Men Platform	70 – 79

Event 9	Ladies Platform	16 – 29
	Ladies Platform	30 – 39
Event 10	Novice Ladies Platform	16 – 29
	Novice Ladies Platform	30 – 49
	Novice Ladies Platform	50 - 69
	Novice Men Platform	30 – 49
	Novice Men Platform	50 – 69
Event 11	Men Platform	16 – 29
	Men Platform	30 – 39
	Men Platform	40 – 49

SUNDAY

Open Training: 8.00 – 9.00

PLATFORM CONT'D

9.00	Event 12	Ladies Platform	40 – 49
		Ladies Platform	50 – 59
		Ladies Platform	60 – 69
Event 13	Men 3m	16 – 29	
	Men 3m	30 – 39	
Event 14	Novice Men 3m	16 – 29	
	Novice Men 3m	30 – 49	
	Novice Men 3m	50 – 69	
Event 15	Ladies 1m	40 – 49	
	Ladies 1m	50 – 59	
	Ladies 1m	60 – 69	
Event 16	Novice Ladies 1m	16 – 29	
	Novice Ladies 1m	30 – 49	
	Novice Ladies 1m	50 – 69	
Event 17	Men 3m	40 – 49	
Event 18	Ladies 1m	16 – 29	
	Ladies 1m	30 – 39	
Event 19	Men 3m	50 – 59	
	Men 3m	60 – 69	
	Men 3m	70 – 79	

Event 1

Men 16 – 29 1M

	Name	Club	Points	Place
1	Simon Attila	Aberdeen Uni Diving Club		
2	Alexander Housaman	Aberdeen Uni Diving Club		
3	Paul McGuinness	Aberdeen Uni Diving Club		
4	Remi Theron	Aberdeen Uni Diving Club		
5	Iain St John	City of Sheffield Diving Club		
6	Charlie Binns	Dive London		
7	Gustav Sandell	SPIF		
8	Christopher Trotter	Sunderland		
9	Jacob Storey	RAF		

Men 30 – 39 1M

	Name	Club	Points	Place
1	Jeremy Ponthus	Edinburgh		
2	Richard Ellender	RAF		
3	Jacky Cheung	Waltham Forest		
4	Richard Robinson	City of Sheffield Diving Club		

Event 2

Ladies 16 – 29 3M

	Name	Club	Points	Place
1	Anouk Merckens	Joop Stotijn DSZ		
2	Abigail Veitch	Manchester Dive Team		
3	Tilde Lundin	SPIF		
4	Sol Wannman	Stockholmpolisens IF Simhopp		
5	Catriona Fraser	Independent		

Ladies 30 – 39 3M

	Name	Club	Points	Place
1	Katherine Tolladay	Dive London		
2	Becky Dunn	Edinburgh		
3	Sarah Smith	Manchester Dive Team		
4	Jenny Utbult	SPIF		
5	Rosemary Hardwick	Independent		
6	Hannah Proffitt	Manchester Dive Team		
7	Jo Skinner	Edinburgh		
8	Melanie Vennik	Joop Stotijn DSZ		
9	Miranda Berendsen	Morgenstond		
10	Katy Butterfield	Maltby Diving Club		

Event 3

Novice Men 16 – 29 1M

	Name	Club	Points	Place
1	Iain Banks	Aberdeen Uni Diving Club		
2	Andrew Carracher	Edinburgh		
3	Jack Mitchell	Manchester Dive Team		
4	Paolo Cucurachi	Aberdeen Diving Club		

Novice Men 30 – 49 1M

	Name	Club	Points	Place
1	Stuart Dodds	Edinburgh		
2	Benjamin Lambe	Darlington		
3	Andy Shields	Sunderland		
4	James Watson	Manchester Dive Team		
5	David Bouche	Paris Aquatiqueh		
6	Kenton D'Mellow	Edinburgh		
7	Remiguisz Wolak	Dive London		

Novice Men 50 – 69 1M

	Name	Club	Points	Place
1	Roddy McBlane	Edinburgh		
2	Kirk Siderman	Sunderland		
3	Dominic Koe	Edinburgh		

Event 4

Novice Ladies 16 – 29 3M

	Name	Club	Points	Place
1	Alexandria Sehgal	Edinburgh		
2	Deena Kaye	Manchester Dive Team		
3	Athena Odysseos Suther	Amersham Swimming Club		
4	Lauren Anderson	Aberdeen Diving Club		

Novice Ladies 30 – 49 3M

	Name	Club	Points	Place
1	Kelly Warwick	Amersham Swimming Club		
2	Lara Gunn	Dacorum		
3	Laurie Rominger	Aberdeen Uni Diving Club		
4	Sheerin Khosrowshahi	Amersham Swimming Club		
5	Sheila Elliott	Darlington		
6	Lucy Jones	Amersham Swimming Club		
7	Theresa Carter	Manchester Dive Team		
8	Kaely Saunders	Amersham Swimming Club		

Novice Ladies 50 – 69 3M

	Name	Club	Points	Place
1	Sharon Spence	Maltby Diving Club		

Event 5

Men 50 – 59 1M

	Name	Club	Points	Place
1	Richard Thomas	Edinburgh		
2	Ian Grieves	Dacorum Diving Club		
3	Shiraz Shamshudin	Amersham Swimming Club		
4	Ola Jonsson	SPIF		
5	Nils Carlberg	SPIF		
6	Richard Heraty	Barnet Cophall		
7	Brian Reilly	Manchester Dive Team		
8	Simon Loftus	Dive London		
9	Andy Rigby	Manchester Dive Team		

Men 60 – 69 1M

	Name	Club	Points	Place
1	Jim McNally	Highgate		
2	Peter Woodhams	Beaumont		

3	Paul Rhodes	Maltby Diving Club		
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Men 70 – 79 1M

	Name	Club	Points	Place
1	Dave Halley	Cotswold Diving Club		
2	Peter Jewell	Dacorum Diving Club		

Lunch

Event 6

Ladies 40 – 49 3M

	Name	Club	Points	Place
1	Neeltje Stuurman	City of Sheffield Diving Club		
2	Angela McMillan	Dacorum		
3	Naomi McBane	Cotswold Diving Club/Manchester Dive Team		
4	Helen Longmuir	Aberdare Comets		
5	Helen England	Amersham Swimming Club		

Ladies 50 – 59 3M

	Name	Club	Points	Place
1	Gunilla Estare	SPIF		
2	Charlotte Bornebusch	KS1		
3	Kay Neale	Dundee City Aquatics Diving		

Ladies 60 – 69 3M

1	Barbara Heathfield	Beaumont		
2	Lucy Freitag-Fransen	SV Neptun		
3	Janette Wood	Edinburgh		

Event 7

Men 40 – 49 1M

	Name	Club	Points	Place
1	Chris Long	Maltby Diving Club		
2	Ivan Garcia Rodrigo	Paris Aquatique		
3	Simone Orioli	Italia Tuffi Masters		
4	Toth Gabor	Penzugyor SE		
5	Rohit Bhaskar	Dive London		
6	Nick Smith	Edinburgh		

PLATFORM

Event 8

Men 50 – 59 P/F

	Name	Club	Points	Place
1	Shiraz Shamshudin	Amersham Swimming Club		
2	Richard Thomas	Edinburgh		
3	Nils Carlberg	SPIF		
4	Richard Heraty	Barnet Copthall		
5	Simon Loftus	Dacorum Diving Club		
6	Andy Rigby	Manchester Dive Club		

Men 60 – 69 P/F

	Name	Club	Points	Place
1	Paul Rhodes	Maltby Diving Club		

Men 70 – 79 P/F

	Name	Club	Points	Place
1	Dave Halley	Cotswold Diving Club		
2	Peter Jewell	Dacorum		

Event 9

Ladies 16 – 29 P/F

	Name	Club	Points	Place
1	Tilde Lundin	SPIF		
2	Sol Wannman	Stockholmpolisen IF Simhopp		
3	Abigail Veitch	MAC Dive Team		

Ladies 30 – 39 P/F

	Name	Club	Points	Place
1	Becky Dunn	Edinburgh		
2	Jenny Utbult	SPIF		
3	Sarah Smith	MAC Dive Team		
4	Miranda Berendsen	Joop Stotijn DSZ		
5	Katherine Tolladay	Dive London		
6	Jo Skinner	Edinburgh		

Event 10

Novice Ladies 16 – 29 P/F

	Name	Club	Points	Place
1	Deena Kaye	Manchester Dive Team		

Novice Ladies 30 – 49 P/F

	Name	Club	Points	Place
1	Sheila Elliott	Darlington		
2	Lucy Jones	Amersham Swimming Club		

Novice Ladies 50 – 69 P/F

	Name	Club	Points	Place
1	Janette Wood			

Novice Men 30 – 49 P/F

	Name	Club	Points	Place
1	Andy Shields	Sunderland		
2	Nick Smith	Edinburgh		
3	Stuart Dodds	Edinburgh		
4	Kenton D'Mellow	Edinburgh		
5	Remiguisz Wolak	Dive London		

Novice Men 50 – 69 P/F

	Name	Club	Points	Place
1	Dominic Koe	Edinburgh		
2	Roddy McBlane	Edinburgh		

Event 11

Men 16 – 29 P/F

	Name	Club	Points	Place
1	Paul McGuinness	Aberdeen Uni Diving Club		
2	Iain St John	City of Sheffield Diving Club		
3	Simon Attila	Aberdeen Uni Diving Club		
4	Charlie Binns	Dive London		
5	Gustav Sandell	SPIF		
6	Christopher Trotter	Sunderland		
7	Jacob Storey	RAF		

Men 30 – 39 P/F

	Name	Club	Points	Place
1	Andrea Tino	KS1		
2	Jacky Cheung	Waltham Forest		
3	Jeremy Ponthus	Edinburgh		
4	Richard Robinson	City of Sheffield Diving Club		

Men 40 – 49 P/F

	Name	Club	Points	Place
1	Ivan Garcia Rodrigo	Paris Aquatique		
2	Chris Long	Maltby Diving Club		

Event 12

Ladies 40 – 49 P/F

	Name	Club	Points	Place
1	Neeltje Stuurman	City of Sheffield Diving Club		
2	Angela McMillan	Dacorum		
3	Naomi McBane	Cotswold Diving Club/Manchester Dive Team		
4	Helen Longmuir	Aberdare Comets		
5	Helen England	Amersham Swimming Club		

Ladies 50 – 59 P/F

	Name	Club	Points	Place
1	Kay Neale	Dundee City Aquatics Diving		
2	Gunilla Estare	SPIF		
3	Charlotte Bornebusch	KS1		

Ladies 60 – 69 P/F

	Name	Club	Points	Place
1	Lucy Freitag-Fransen	SV Neptun		

Event 13

Men 16 – 29 3M

	Name	Club	Points	Place
1	Remi Theron	Aberdeen University Diving Club		
2	Simon Attila	Aberdeen University Diving Club		
3	Gustav Sandell	SPIF		
4	Paul McGuinness	Aberdeen University Diving Club		
5	Iain St John	City of Sheffield Diving Club		
6	Charlie Binns	Dive London		
7	Christopher Trotter	Sunderland		
8	Jacob Storey	RAF		

Men 30 – 39 3M

	Name	Club	Points	Place
1	Jacky Cheung	Waltham Forest		
2	Richard Ellender	RAF		
3	Jeremy Ponthus	Edinburgh		
4	Richard Robinson	City of Sheffield Diving Club		

Event 14

Novice Men 16 – 29 3M

	Name	Club	Points	Place
1	Andrew Carracher	Edinburgh		
2	Iain Banks	Aberdeen Uni Diving Club		

Novice Men 30 – 49 3M

	Name	Club	Points	Place
1	Calum Edie	Edinburgh		
2	James Watson	Manchester Dive Team		
3	Stuart Dodds	Edinburgh		
4	Kenton D'Mellow	Edinburgh		
5	Andy Shields	Sunderland		
6	Benjamin Lambe	Darlington		
7	Remiguisz Wolak	Dive London		

Novice Men 50 – 69 3M

	Name	Club	Points	Place
1	Kirk Siderman	Sunderland		
2	Dominic Koe	Edinburgh		
3	Roddy McBlane	Edinburgh		

Event 15

Ladies 40 – 49 1M

	Name	Club	Points	Place
1	Angela Mc Millan	Dacorum		
2	Helen Longmuir	Aberdare Comets		
3	Neeltje Stuurman	City of Sheffield Diving Club		
4	Helen England	Amersham Swimming Club		
5	Naomi Mc Bane	Cotswold Diving Club/Manchester Dive Team		

Ladies 50 – 59 1M

	Name	Club	Points	Place
1	Charlotte Bornebusch	KS1		
2	Kay Neale	Dundee City Aquatics Diving		
3	Gunilla Estare	SPIF		

Ladies 60 – 69 1M

	Name	Club	Points	Place
1	Janette Wood	Edinburgh		
2	Lucy Freitag-Fransen	SV Neptun		
3	Barbara Heathfield	Beaumont		

Event 16

Novice Ladies 16 – 29 1M

	Name	Club	Points	Place
1	Elina Mauno	Aberdeen Uni Diving Club		
2	Alexandria Sehgal	Edinburgh		
3	Athena Odysseos Suther	Amersham Swimming Club		
4	Deena Kaye	Manchester Dive Team		
5	Michella Feldborg	Aberdeen Uni Diving Club		
6	Lauren Anderson	Aberdeen		

Novice Ladies 30 – 49 1M

	Name	Club	Points	Place
1	Kaely Saunders	Amersham Swimming Club		
2	Lara Gunn	Dacorum		
3	Theresa Carter	Manchester Dive Team		
4	Kelly Warwick	Amersham Swimming Club		
5	Laurie Rominger	Aberdeen Uni Diving Club		
6	Lucy Jones	Amersham Swimming Club		
7	Sheila Elliott	Darlington		
8	Sheerin Khosrowshahi	Amersham Swimming Club		

Novice Ladies 50 – 69 1M

	Name	Club	Points	Place
1	Sharon Spence	Maltby Diving Club		

Event 17

Men 40 – 49 3M

	Name	Club	Points	Place
1	Ivan Garcia Rodrigo	Paris Aquatique		
2	Chris Long	Maltby Diving Club		
3	Toth Gabor	Penzugyor SE		
4	Rohit Bhaskar	Dive London		
5	Nick Smith	Edinburgh		

Event 18

Ladies 16 – 29 1M

	Name	Club	Points	Place
1	Tilde Lundin	SPIF		
2	Sol Wannman	Stockholm IF Simhopp		
3	Abigail Veitch	Manchester Dive Team		
4	Anouk Merckens	Joop Stotijn DSZ		
5	Catriona Fraser	Independent		

Ladies 30 – 39 1M

	Name	Club	Points	Place
1	Jenny Utbult	SPIF		
2	Becky Dunn	Edinburgh		
3	Katherine Tolladay	Dive London		
4	Melanie Vennik	Joop Stotijn DSZ		
5	Miranda Berendsen	Morgenstond		

6	Hannah Proffitt	Manchester Dive Team		
7	Katy Butterfield	Maltby Diving Club		
8	Jo Skinner	Edinburgh		
9	Sarah Smith	Manchester Dive Team		

Event 19

Men 50 – 59 3M

	Name	Club	Points	Place
1	Richard Heraty	Barnet Cophthall		
2	Nils Carlberg	SPIF		
3	Ian Grieves	Darlington		
4	Richard Thomas	Edinburgh		
5	Ola Jonsson	SPIF		
6	Shiraz Shamshudin	Amersham Swimming Club		
7	Brian Reilly	Manchester Dive Team		
8	Simon Loftus	Darlington		

Men 60– 69 1M

	Name	Club	Points	Place
1	Paul Rhodes	Maltby Diving Club		
2	Peter Woodhams	Beaumont		
3	Jim McNally	Highgate		

Men 70 – 79 1M

	Name	Club	Points	Place
1	Dave Halley	Cotswold Diving Club		
2	Peter Jewell	Dacorum		