

# SPRING MASTERS

For Masters divers and Novice Masters divers

INFO

12-13<sup>TH</sup> APRIL 2025  
EDINBURGH



# WELCOME

Welcome to the GBDF Spring Masters 2025! We are delighted to be welcoming divers from across the UK and beyond to the Royal Commonwealth Pool in Edinburgh.

Whether you're here to compete, support, or enjoy the atmosphere, we hope you'll be inspired by the camaraderie and sportsmanship that make this event so special. Best of luck to all our divers. Enjoy the weekend, both in and out of the water!



## DETAILS

### DATES

**SATURDAY 12<sup>TH</sup> &  
SUNDAY 13<sup>TH</sup> APRIL 2025**

With open training on  
Friday 11th April

### LOCATION

Royal Commonwealth Pool  
21 Dalkeith Road  
Edinburgh  
EH16 5BB  
Scotland

# CONDITIONS

## MASTERS COMPETITION

Age group	1m & 3m SPRINGBOARD		PLATFORM (5m, 7.5m, 10m)	
	Women	Men	Women	Men
16 - 29	6 dives	7 dives	6 dives	6 dives
30 - 39				
40 - 49				
50 - 59	5 dives	6 dives	5 dives*	5 dives*
60 - 69				
70 - 79	4 dives	5 dives	4 dives*	4 dives*
80 +	3 dives	4 dives	3 dives*	3 dives*

\*Masters 50+ age groups are only allowed feet first entries from the 10m platform. DD may not exceed 2.0.

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- **The divers can freely choose the dives from the dive table given in the World Aquatics Handbook.**
  - **Age group 16 - 69\* years.** Each dive performed must have a different dive number according to the World Aquatics Handbook.
  - **Age group 70 - 80+\* years.** Dives with the same dive number can be repeated, if performed in a different position: straight, tuck, pike or free position. This will be counted as a different dive and will receive full DD.
  - **Dives without rotation (jumps) (Dive No 'x00') may not be used.** This does not apply to 600A used on platform as it is a recognised World Aquatics dive.
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### IMPORTANT

\*Ages as at 31st December in year of the competition.

\*Divers must be 16 years of age on or before Friday 11th April 2025.

\*Entries from divers aged 16/17 years old MUST be accompanied by a letter signed by the Welfare Officer, or other responsible official of the diver's club, stating that they will ensure that child protection procedures will be followed and that the diver will be appropriately chaperoned for the duration of the event.

# NOVICE COMPETITION

Age group	1m & 3m SPRINGBOARD		PLATFORM (5m)	
	Women	Men	Women	Men
16 - 29	4 dives	4 dives	4 dives*	4 dives*
30 – 49				
50 – 69				
70 +	3 dives	3 dives	3 dives*	3 dives*

\*Novices may not use the 7.5m or 10m platforms

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- **Novices may not perform dives of more than 1.5 rotations or with tariff over 2.0 from the dive table given in the World Aquatics Handbook.**
  - **One dive may be repeated, but at 1.0 tariff.**
  - **Dives without rotation (jumps) (Dive No 'x00') may not be used.** This does not apply to 600A used on 5m as it is a recognised World Aquatics dive.
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# SYNCHRO COMPETITION

Age group (combined age)	1m SYNCHRO
Up to 99	4 dives
100+	4 dives

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- **You can only enter the synchro event once**, i.e. you can either compete in the Up to 99 1m synchro event or in the 100+ 1m synchro event, but not in both.
  - **You can synchro with same sex or different sex divers.**
  - **Separate medals will be awarded for pairs with a combined age of up to 99 years and pairs with a combined age of 100+.** The ages of both divers must be added together to ascertain which category to enter, i.e. a pair consisting of an 18-year-old and a 50-year-old would dive in the Up to 99 age group.
  - **On all synchro dives, the divers must dive in the same direction.** Any dives with the same number but in a different position are classed as a repeat (except if one of the divers in the pair is from the 70 – 80+ age groups).
  - **There is no tariff limit.** Except that when one of the pair is a novice diver, they may not perform dives of more than 1.5 rotations or with a World Aquatics tariff over 2.0.
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# ENTRY INFO

## COMPETITION ENTRY

To enter the competition, complete the online entry form **before 30<sup>th</sup> March** (you can also register as a volunteer):

### Entry deadline 30<sup>th</sup> March 2025

Due to limited pool time at competitions, the GBDF reserves the right to close entries before the official closing date.

## FEES & PAYMENT

Entry fee is £18 per individual event and £22 (£11 per diver) for the synchro event. Please pay:

- £18** entry fee, per single event
- £22** per synchro pair (£11 per diver)
- £15** if you are a non-member of GBDF
- £20** late entry fee (for entries and entry payments accepted after 30<sup>th</sup> March 2025)

**UK divers** - Pay your fees by BACS:

**Account name: Great Britain Diving Federation**

**Sort Code: 20-06-09**

**Account No: 40557838**

**International divers** - Pay your fees by bank transfer.

**Barclays Bank, Leicester, LE87 2BB**

**SWIFTBIC: BUKBGB22**

**IBAN: GB80BUKB20060940557838**

**Account Name/address: The Great British Diving Federation**

**8 Alexandra Gardens,  
Sheffield S11 9DQ**

Make sure to use your initial and surname as the reference on the payment please. Funds must be cleared before entry is accepted.

# MEMBERSHIP

In order to compete in the Spring Masters Championship, you **MUST** be a member of the GBDF. There are two options for this:

- £15 temporary membership** (for Spring Masters).

This covers you for this single event.

- £21 annual membership.**

This will cover you for both Spring *and* Winter Masters competitions, any GBDF dive camps throughout the year, and allows you to attend and vote at the GBDF's virtual Annual General Meeting. Plus, members receive priority updates on events, socials, and news via email!

**Membership runs from 1 January to 31 December each year.**

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## DID YOU KNOW?

You can set up a **standing order** to pay for your membership automatically each year?

If you are interested in paying by this method, please use the bank details (found on the membership form) to set this up.

Remember to add your name and "Membership" as reference.

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# MEDICAL FORM

Please complete the medical form. This helps ensure first aiders or emergency services can provide appropriate care rapidly if an accident should occur.

# DIVE RECORDER

## DIVE SHEET SUBMISSION

As part of the competition requirements, please make sure you've submitted your dives (dive sheets) via the 'Online Sheets' section of Dive Recorder:

**The last day to submit/change dives via Dive Recorder is 6<sup>th</sup> April 2025**

Late submission of dive sheets will incur a late submission fee of £5.

## IMPORTANT DATES

<b>Monday 27<sup>th</sup> January</b>	<b>Entries open</b>
<b>Saturday 30<sup>th</sup> March</b>	<b>Entries close*</b>
<b>Sunday 6<sup>th</sup> April</b>	<b>Last day to submit/change dives via Dive Recorder**</b>
<b>Friday 11<sup>th</sup> April</b>	<b>Open training 17.00 - 19.00</b>
<b>Saturday 12<sup>th</sup> April</b>	<b>1<sup>st</sup> competition day + informal social</b>
<b>Sunday 13<sup>th</sup> April</b>	<b>2<sup>nd</sup> competition day</b>

\* If there is sufficient space after the closing date for entries, late entries may be accepted up until 6 April 2025, however a late entry fee of £20 will be applied.

\*\* Late submission of dive sheets will incur a late submission fee of £5.



# ACCOMMODATION

We haven't been able to secure any hotel deals on this occasion, but there are plenty of hotels, B&Bs, and other accommodation options in the area. For something particularly close, consider the Scholar Hotel at Pollock Halls. We recommend checking TripAdvisor for the best current deals on this hotel.

# SOCIAL

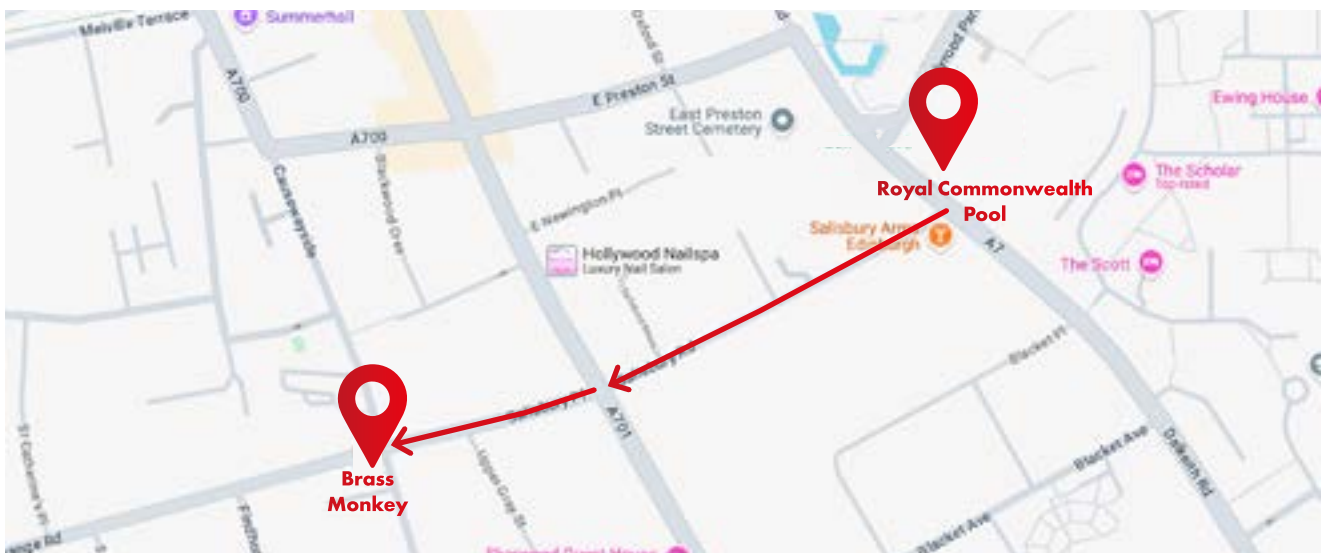
While there isn't an *official* social this year, we'd love you to join us for a relaxed get-together at a local the pub on Saturday evening, straight after the competition. We've booked a semi-private area, so it's there's opportunity to unwind with a pint and some food. Everyone welcome!

Please note, under 18's are not permitted in the pub after 8pm due to licensing.

**0.4m from the pool, approx 10 mins walk.**

From the main doors of RCP, cross the road and walk down Salisbury Road. At the crossroad, continue straight on to Salisbury Place. At the next crossroads, Brass Monkey is on the corner!

**[brassmonkeygrange.co.uk](http://brassmonkeygrange.co.uk)**



# AGM

Taking part in the Annual General Meeting is your chance to actively contribute to the growth and success of GBDF!

## DATE

**SUNDAY 23<sup>RD</sup> MARCH 2025**

The meeting will be held online via Teams. The agenda and meeting details will be sent to GBDF Members only closer to the date.

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## DID YOU KNOW?

Attending the GBDF Annual General Meeting (AGM) offers several benefits for members:

- **Stay Informed:** Gain insights into events, achievements, and future plans.
  - **Have Your Say:** Participate in important decision-making by voting on key matters that shape the direction of GBDF.
  - **Engagement:** Interact with the Executive and raise any questions or suggestions you may have.
  - **Sense of Community:** Connect with fellow members, reinforcing your sense of belonging within the GBDF community.
  - **Convenience:** As the AGM is now held virtually, you can attend from anywhere, making it easier than ever to participate.
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Remember, you need to be a member of the GBDF in order to participate in the AGM.

# FOLLOW ALONG

Be part of the journey with GBDF!

[diving-gbdf.com](http://diving-gbdf.com)

